

For the housekeeping staff and Work-Assistants working in various Divisions of RRCAT, lectures were delivered by Dr. S. Bhavani and Dr. Manisha Chauhan, respectively, which were followed by question & answer sessions. A competition was organized for students of Atomic Energy Central School (AECS), Indore, in an online mode, on three events: (1) Essay writing, (2) Slogan writing, and (3) Drawing & painting on the topics of (a) Preserving and maintaining cleanliness of water bodies, and (b) How to tackle plastic waste? Additionally, a painting competition was also organized for the students of Indore Deaf Bilingual Academy, Mook Badhir Sangathan, Indore. The Quiz competition was organized on the topics of general and COVID-19 related cleanliness drives and it received overwhelming response from the employees of RRCAT. In case of all these three competitions, a few best performers were awarded.



Shri S.V. Nakhe, Director, RRCAT distributing prizes on July 8, 2021 for competitions held during Swachhata Pakhwada.

Further, in order to process the excess wet waste generated from RRCAT colony and guest house, a new compost pit has been constructed, where the organic manure is made using bacteria culture and vermiculture. Construction of three public toilets at different locations in colony area, in addition to the existing two, have been carried out and the outside walls of these toilets have been painted beautifully by using “Swachhata” messages.

The clean and green campus activities were coordinated by the Advisory Committee for Clean and Green Campus (ACCGC), RRCAT, under the guidance of Director, RRCAT. All these drives involved wholehearted participation of RRCAT employees, CISF staff, AECS students and teachers, M. Tech. project trainees, HBNI Ph.D. scholars, CAT- 1 & 2 stipendiary trainees as well as colony residents. The Civil Construction & Maintenance Section, and Horticulture Section have put-in enormous efforts for the successful execution of the activities carried out to keep the RRCAT campus clean and green.

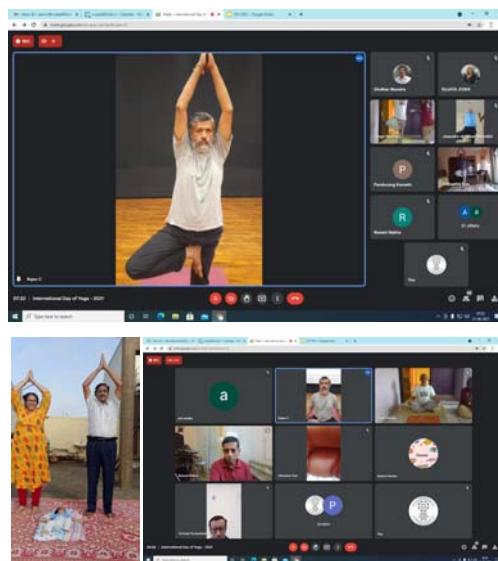
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N.10: Activities of RRCAT Staff Club

RRCAT Staff Club continued to be engaged in conducting various activities in the area of sports, music, culture, yoga and health for physical, mental and social well-being of its members and their families. Following the restrictions imposed by government in view of COVID-19 pandemic, all the outdoor and indoor activities had to be discontinued from April 21, 2021. With easing of restrictions from June 2021 onwards, Staff Club carried out re-opening of outdoor activities like lawn tennis, football, volleyball, etc. first and then indoor activities like badminton, table tennis, pickle ball, gymnasium, etc. These sports activities were opened in phased manner following standard operating procedure (SOP) of COVID-19 guidelines as allowed by local administration. The Taekwondo activity was continued in an online mode with enthusiast participant and support from their parents.

Celebration of International Day of Yoga: On June 21, 2021, 7th International Day of Yoga was organized in an online mode, as per guidelines of Ministry of AUYUSH, Government of India. Shri S. V. Nakhe, Director, RRCAT gave the welcome address. The practical session started with prayer followed by sukshma vyayama, stretching exercises, asanans, pranayama and meditation. Shri B. Devadasan, Convener, Yog Circle conducted the practical session.



Participants performing yoga during the event.

Dr. Haridas, Activity In-charge, Yog Circle demonstrated the postures and pranayama, which were followed by the participants. Approximately 180 staff including family members participated in the online event. Shri. B. Devadasan, who was to retire in the month of July 2021, was felicitated by Shri A. M. Puntambekar, President, RRCAT Staff Club for his contributions to the yog activities of Staff Club. For more details, please visit RRCAT Staff Club website: <http://www.rrcatstaffclub.in>

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